Shefford Community Festival September 16th - 25th 2022

Friday 16th September:

8.30 - 1.30pm Health Watch Central Bedfordshire in the High Street. A 'Just Ask' event involves staff and colleagues to provide a wealth of information, guidance and advice for local residents about local health and social care. Contact Annette Brown <u>annette.brown@healthwatch-centralbedfordshire.org.uk</u> 0300 303 8554.

9.00 - 7.00pm Scarecrow Festival - all around Town. Make a scarecrow to display over the weekend of 16th to 18th September. Register where your scarecrow is located and then join in the fun trail around Shefford and surrounding areas to find all the others! To register or for more info e-mail sheffordscarecrows@gmail.com Participate for free - contact Joanna Wright, 07704170582.

4.00 - 7.00pm Theatre Fun at the Methodist Church. FREE Taster session for all 6-16 year olds who want to have Theatre Fun and learn to become a triple threat in Musical Theatre. Contact Founder and Artistic Director Hollie Milburn, <u>info@madhatterstheatreschool.co.uk</u>, 07376 058147.

6.00 - 9.00pm Craft Fair at the STMA Sports & Social Club. Come and browse some unique, handmade gifts from local producers and crafters. The bar will be open! All enquiries to Lesley at lesley@lesleywhitemansocialmedia.co.uk.

Saturday 17th September:

9:00 Children's dance class at the STMA. Contact Danielle Ellis – 07866395739, email pirouettesandpullbacks@outlook.com.

All day - Greenline Medical Services will demonstrate a variety of First Aid Skills at PI House, 23 Clifton Rd, Shefford SG17 5AF - with Tours of their Ambulances, and First Aid Games. Free of charge. Contact Scarlett King, 07770 599918. <u>admin@greenlinemedical.co.uk</u>.

Morning - Shefford Saints Football Club at the STMA. For details contact sheffordsaintsfc@ymail.com.

9.30 - 10.30am Tai Chi in the Park. Free session for all, especially beginners. At Digswell field adjacent to the STMA. Contact Ian Deavin email <u>ian@sheffordtaichi.org</u> 07860 218334.

9.00 - 2.00pm The Shefford 100 Great Cupcake Giveaway. Find the cupcake voucher in LivingLife and take it to Rose's at Duck Lane. The first 100 people who take in an original voucher can claim one cake per person, per voucher on the 17th September, between 9.00am and 2.00pm.

9.00 - 7.00pm Scarecrow Festival - all around Town. Make a scarecrow to display over the weekend of 16th to 18th September. Register where your scarecrow is located and then join in the fun trail around Shefford to find all the others! To register or for more info e-mail sheffordscarecrows@gmail.com Participate for free - contact Joanna Wright, 07704170582.

10.30 - 3.00pm. Inclusive Café at St Michaels Church. All welcome for tea/coffee and biscuits/cake.

12.00 noon Street Calisthenics at The Hub Millennium Green - Competitive fitness challenges i.e. pull ups and dead hang. There will be prizes and exercises designed to bring the everyone together. Cost £1 per go. Contact Tristan Blake, 07391 725039 <u>blakekoi1988@gmail.com</u>

12.30 Family Fun Day at the STMA - Family fun day with bouncy castle, ice cream van and barbecue. Free to come but there is a charge for the barbecue. Mystery Guest. TOTS Disco 6.00-7.30pm, Family Disco 8.00-11.30pm. Contact Rob Slater, 0545189233, <u>robs.stma@gmail.com</u>.

Sunday 18th September:

10.00 - 12.00 Taekwondo at the Community Hall. Contact Jonathan Marshall, 07596 542565.

All day - Greenline Medical Services will demonstrate a variety of First Aid Skills at PI House, 23 Clifton Rd, Shefford SG17 5AF - with Tours of their Land Rover and Mercedes Ambulances, and First Aid Games. Free of charge. Contact Scarlett King, 07770 599918 admin@greenlinemedical.co.uk.

Morning - Shefford Saints Football Club at the STMA. For details contact sheffordsaintsfc@ymail.com.

9.00 - 7.00pm Scarecrow Festival - all around Town. Make a scarecrow to display over the weekend of 16th to 18th September. Register where your scarecrow is located and then join in the fun trail around Shefford and surrounding areas to find all the others! To register or for more info e-mail sheffordscarecrows@gmail.com Participate for free - contact Joanna Wright, 07704170582.

11.00 – 3.00pm Shefford Garage Sale Trail – a car boot sale with bigger gaps between stalls! Collect a FREE trail sheet from Country Properties from September 10th. Contact Lesley, 01462 615821 / 07799 642863 or e-mail lesley@lesleywhitemansocialmedia.co.uk

6.30pm Tai Chi beginners and seniors class at the Community Hall: Contact Ian Deavin 07860 218334.

Monday 19th September:

Pigeon Club at the STMA. Contact the bar for details.

10.30 - 3.00pm. Inclusive Café at St Michaels Church. All welcome for tea/coffee and biscuits/ cake.

2.30pm Tai Chi "Over 50's" class at the Community Hall: Contact Ian Deavin 07860 218334.

6.00pm Children's Karate at the STMA. Contact Sensei Gabriel Tan on 07742 820956, info@jksk.co.uk. First lesson is free.

6.30pm Thai Kick Boxing (adults). Contact Micky Marcantonio 07885249745 or miggv.0801@ntlworld.com.

7.00pm Meppershall Players at the STMA. Contact Karen Mitchell 01462 816336, Karen.mitchell@talktalk.net.

7.15pm Shefford Runners at the STMA. Contact Info@sheffordrunners.co.uk.

8.00pm Ladies Darts at the STMA. Contact shefford.stma@gmail.com.

Tuesday 20th September:

10.30 - 3.00pm. Inclusive Café at St Michaels Church. All welcome for tea/coffee and biscuits/cake.

1.15 - 3.15pm Shefford Art Group at the Community Hall. Contact Kath Smith, 01462 812265.

6.30pm Majorettes at the STMA. Contact Kate Martin on 01462 647688, shefford.majorettes@outlook.com.

7.00pm Line Dancing at the Community Hall. Contact Rosemarie on Tel: 01462 617052 or Mobile: 07711370932. Email: <u>rosemariestevens@ntlworld.com</u>.

7.30 - 9.00pm Women's Institute at Shefford Community Hall. Contact Amanda Baldwin at <u>Amandabaldwin502@gmail.com</u>.

8.00pm onwards Darts League at the STMA. Contact Dec Hennessy, deckers@live.co.uk.

Wednesday 21st September:

11.00 - 3.00pm. Inclusive Café at St Michaels Church. All welcome for tea/coffee and biscuits/cake.

4.30pm onward. Children's Yoga at the STMA. Contact Clare Compton, <u>Ourtribeyogaclasses@gmail.com</u>.

6.30pm onward. Line Dancing at the Community Hall. Contact Rosemarie on Tel: 01462 617052 or Mobile: 07711370932. Email: <u>rosemariestevens@ntlworld.com</u>.

7.30pm Shefford's Welcome to Refugees from 1939 to the Present Day at St Michael & All Angels Church. An illustrated talk coordinated by Biggleswade Ivel Rotary Club on the International Day of Peace. Free Admission and refreshments. Contact Maureen Strutt, 01767 318117, maureen@thestrutts.co.uk.

7.30pm Full Bottle Fitness at the STMA. Contact Tina Sales, 07952948682, tina@fullbottlefitness.co.uk.

Thursday 22nd September:

10.00 onward. Line Dancing at the Community Hall. Contact Rosemarie on Tel: 01462 617052 or Mobile: 07711370932. Email: <u>rosemariestevens@ntlworld.com</u>.

10.30 Jo Jingles at the STMA. Contact Karen Garner, 01462 456777, karenandjo@gmail.com.

10.30 - 3.00pm. Inclusive Café at St Michaels Church. All welcome for tea/coffee and biscuits/cake.

4.00 - 5.00pm Mini Hatters at the Methodist Church. FREE taster session for all 4-5 year olds who want to Dance, Act and Sing, Contact Founder and Artistic Director Hollie Milburn, info@madhatterstheatreschool.co.uk, 07376 058147.

7.15pm Shefford Runners at the STMA. Contact Info@sheffordrunners.co.uk.

7.30pm Full Bottle Fitness at the STMA. Contact Tina Sales, 07952948682, tina@fullbottlefitness.co.uk.

Friday 23rd September:

10.00 Self Help Art Group at the STMA. Contact Carole Wilkinson, 01462 628853, Cwilk02@gmail.com.

11.30 - 3.00pm. Inclusive Café at St Michaels Church. All welcome for tea/coffee and biscuits/cake.

4.00 - 7.00pm Theatre Fun at the Methodist Church. FREE Taster session for all 6-16 year olds who want to have Theatre Fun and learn to become a triple threat in Musical Theatre. Contact Founder and Artistic Director - Hollie Milburn, <u>info@madhatterstheatreschool.co.uk</u>, 07376 058147.

Saturday 24th September

09:00 Children's Dance Class at the STMA. Contact Danielle Ellis, 07866395739, pirouettesandpullbacks@outlook.com.

All day - Greenline Medical Services will demonstrate a variety of First Aid Skills at PI House, 23 Clifton Rd, Shefford SG17 5AF - with Tours of their Ambulances, and First Aid Games. Free of charge. Contact Scarlett King, 07770 599918 <u>admin@greenlinemedical.co.uk</u>.

Morning: Shefford Saints Football Club at the STMA. For details contact sheffordsaintsfc@ymail.com.

9.30 - 10.30am Tai Chi in the Park. Free session for all, especially beginners. At Digswell field adjacent to the STMA. Contact Ian Deavin email ian@sheffordtaichi.org 07860 218334.

10.00 Shefford Bowls Club adjacent to the STMA - come and discover bowls and watch the club finals with refreshments. Contact Janet Thomas Secretary Shefford Bowls Club on 07708640396 or email: secretarysheffordbowlsclub@gmail.com.

10.00-5.00pm Shefford Art Exhibition at the Community Hall. Free entrance - tea, coffee and cakes available. Contact Kath Smith, 01462 812265, email: <u>artsoc.org.uk</u>.

10.30 -2.30pm. A Church Trail visiting all four churches - Catholic, St Michael's, Methodist and Baptist Churches and completing a quiz. Find out more about the Churches in Shefford by visiting each one. You can start at any one and visit them in any order. Quiz sheets available at each church. Contact Sue Fields, 01462 814169.

10.30 - 3.00pm. Inclusive Café at St Michaels Church. All welcome for tea/coffee and biscuits/cake.

12.00 - 8.00pm EAT Feast Street Food Fair in Pamoli Square. Choose your cuisine and meet your friends - a community alfresco street dining experience, with street food vendors offering a variety of food, music and a bar.

Sunday 25th September:

10.00 - 12.00 noon Taekwondo at the Community Hall. Contact Jonathan Marshall, Mobile: 07596 542565.

All day - Greenline Medical Services will demonstrate a variety of First Aid Skills at PI House, 23 Clifton Rd, Shefford SG17 5AF - with Tours of their Ambulances, and First Aid Games. Free of charge. Contact Scarlett King, 07770 599918 admin@greenlinemedical.co.uk.

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6.30pm Tai Chi beginners and seniors class at the Community Hall: Contact lan Deavin 07860 218334.

NB - please note the Festival programme is a listing of activities expected to take place during the Festival period. It contains many existing regular classes. To avoid disappointment, if you wish to attend and take part in such a class, we suggest you contact the organiser before you go to the class.

Disclaimer: We have made our best efforts in collating this program, details for which has come directly from event organisers and from public sources, however Shefford Community Festival cannot take responsibility for the correctness of this information. If in doubt please check with the activity organisers. E&OE.